



SkinDNA Test Results

Name

DOB

ID

CA-4915

REPORT DATE

EXPLORE





Thank you for taking the SkinDNA Genetic Test

You are about to become one of thousands who are experiencing a better skin future.

Your DNA results are used to scientifically create a personalised guide provide you with a unique regime tailored specifically to you. This allows you to advance beyond the 'one-size-fits-all' suggestions - using the right skincare ingredients targeted to your own genetic blueprint.



FAQ

Do I need to take this test again?

No - your DNA results do not change.

Instead use this report to allow you to determine the best course of action to combat any unfavourable genetic outcomes.

How dependable are the results?

If we talk about dependability as the scientific accuracy of the process, it's as predictable as can be, currently 99.96%. There is that small margin for error however we have technical measures in place to ensure very high accuracy.

Your genes play a big role on skin outcomes, it's also important to realize that genes are not the only determinate, one's lifestyle and diet can also play a role too. For example, based on a client's SkinDNA® results if they are more prone to wrinkling it does not necessarily mean that they will definitely come across this problem in later years - if they are also careful with their lifestyle choices.

I scored low risk but I have all the visible signs?

We identify genetic factors only - what you do on the outside also impacts your skin. For example you may be genetically low risk in Collagen Breakdown, but how is your lifestyle? do you run or jog or cycle? These types of motions can cause gravity to strike faster.

Low risk in Skin Sensitivity? External factors to consider - are you using active skincare products that can strip the skin? Are you over exfoliating the skin?

These are the types of things to consider if you score Low but have all the symptoms.

I am high risk but I have no signs?

Genetically your results are accurate. SkinDNA can help to identify risk factors at a DNA level. What you do on the outside matters too.

For example high risk in Wrinkling / Glycation and no visible signs? Things to consider - do you have a low sugar diet? Have you been a regular skincare user? What sort of interventions have you experienced.

These are the types of things to consider if you score Low but have all the symp-toms.

How to select recommendations

At the end of this report you will be presented with a list of recommendations based on Higher and Medium Risk categories.

While there may be several recommendations we suggest speaking with your skincare professional and selecting 2-3 from each category.

Why don't you recommend for low risk?

SkinDNA was developed to allow patients to understand what skin areas they should focus on as a priority.

While Low Risk categories are still of importance, our algorithms determine that the lower risk categories should be something as a secondary step to be discussed with a professional at a time when you have targeted the higher priority categories.



How to read your report

You are

Medium Risk

Overall risk in this category

We recommend paying closer attention to categories that are Medium or Higher Risk



Your proprietary skindna score in this category

The higher the number the better the outcome



Average

81 %

Population Average

This number represents what the average person scored compared to your score



12 %

Similarity score

The number of people in our database that have the same outcome as you



Internal and Visible Signs

Skin ages from the inside out

This means that the internal signs begin to occur before the visible signs begin to show.

Internal Signs

→

These signs generally occour **BEFORE the age of 30**

COLLAGEN PRODUCTION ISSUES

Increased collagen breakdown as well as less collagen production

Visible Signs



SKIN LAXITY & SAGGING

- Hollowing under eyes
- Loss of volume

PART THREE

Scientifically Selected Recommendations

SELECT

2 minimum

SELECT

1 minimum

SPEAK TO A

skin care professional

TOPICAL INGREDIENTS

- Epidermal Growth Factors
 - Increases and maintains collagen fibres
- ☐ L-ascorbic Acid 15%+

Promotes Collagen Production

Palmitoyl Oligopeptide

Peptide - Promotes Collagen Production

■ Panthenol Vitamin B5

Assists in collagen healing

INTERNAL SUPPLEMENTS

Alpha Lipoic Acid

Raises collagen protective mechanisms

Coenzyme Q10

Reduces collagen breakdown activities

N-Acetyl Cysteine

Amino Acid shown to reduce collagen damage

Vitamin C + E

Boosts collagen production while reducing collagen breakdown

PROFESSIONAL

Radiofrequency Laser

Increases collagen production

Sculptra or Radiesse

Stimulates collagen growth

Skin Needling

Increases collagen production without laser

PART FOUR

Gene Outcomes

Normal

Indicates that you do not have any genetic variations and that the gene is functioning optimally.



Impaired

Indicates that you have one variant (SNP) and that the gene's processes are functioning less than optimally.

50 | 50

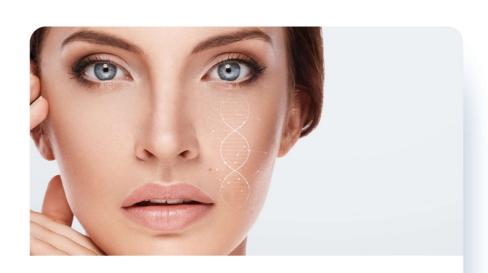
Deficient

Indicates that you have two or more variants (SNPs) and that the gene's processes are functioning minimally.









Your SkinDNA Profile

This section will provide a summary of all the results and what they mean for you

EXPLORE



Your SkinDNA Profile



Istiqama Al Riyami

Thank you for taking the SkinDNA Genetic Test. Below is a summary of our findings.



Collagen Breakdown

Medium Risk

Genetically, your body is working at a near optimum. You are producing close to normal levels of collagen to counteract the breakdown process.



Wrinkling / Glycation

Medium Risk

Genetically, your body has a reduced ability to efficiently break down glucose. Excess glucose has been linked to a number of age related traits, amongst them - wrinkles.



Sun Damage & Pigmentation

Medium Risk

Genetically, you may have a higher probability to experience irregular pigmentation & burning. Your results indicate that there may be vulnerabilities in the production of melanin and other processors that aim to protect your skin from the sun. Explore the gene data below to find out more about this result.



Free Radical Damage

Lower Risk

Genetically, you have near optimal ability to produce essential antioxidants. Your results also suggest that you are unlikely to be sensitive to Environmental Pollutants. However, by living an unhealthy lifestyle that includes smoking & stress will ultimately increase your lifetime free of radical production.



Skin Sensitivity

Lower Risk

Genetically, your body is producing normal levels of inflammatory proteins. Your results indicate that you have a normal risk factor to chemical sensitivity issues and skin inflammatory responses. You may still at times experience skin irritations when using a highly active or highly chemical product.





Detailed Results

This next section will go into depth for each category that we test